



Badminton Summer Camps

2017

St. Cecilia School

3490 Cambrian Road

BARRHAVEN

LEADERSHIP TEAM:

Soong Badminton Academy NCCP trained, certified and experienced coaches

CAMP FOCUS: Players will work on developing technical badminton skills and efficient court movement, while having fun with friends during development drills and game play. Fitness challenges and off station activities will be included for variety, and an opportunity for social time with friends.

TARGET AGES: 6+ - 15

CAMP FEATURES:

<p>FREE pre-camp supervision: 8:15 am – 9:00 am NCCP trained and certified coaches Structured, tailored training on court movement, stroke development, game strategy Low student to instructor ratio (Target 8:1 or lower) Fitness challenges, off station games & activities</p>	<p>Organized badminton games, and mini-tournaments Contest prizes and door prizes Shuttles (badminton birds) included Souvenir camp photo Racquets, protective eyewear, badminton equipment and clothing will be available on site for purchase</p>
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<p>INVESTMENT</p> <p>CAMP FEE \$ 275.00 HST 35.75 TOTAL \$ 310.75</p>	<p>REGISTRATION: Complete the registration form and submit with payment at least one week in advance of the start of the camp to allow for planning and staffing. Registrations are accepted on a first come basis on receipt of payment.</p>
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TIME: 9:00 – 4:00 (Post camp supervision available until 5:00 pm for \$30/week + HST)

DATES:

1. July 4 - July 7 (4 day camp: Tuesday-Friday)
2. July 10 – July 14
3. July 17 – July 21
4. July 24 – July 28
5. July 31 – August 4

<p>INFORMATION</p> <p>Telephone: 613-241-3686 <i>Dominic Soong or Janet Hugli</i></p> <p>Email: janet.hugli@gmail.com Website: www.soong.ca</p> <p>REGISTRATION: Directly with: Soong Badminton Academy P.O. Box 52011 , Nelson PO 322 Rideau Street, OTTAWA, Ontario, K1N 5Y5</p>	<p>WHAT TO BRING</p> <ul style="list-style-type: none"> • Own badminton racquet <i>(new racquets and badminton equipment will be available to purchase during the camp)</i> • Healthy snacks, fruit juices • Own lunch • Water bottle <i>(with name included)</i> • Outdoor running shoes • Energy & Focus • SMILE ☺ 	<p>WHAT TO WEAR</p> <ul style="list-style-type: none"> • T-shirt(s) • Shorts • Gym sock(s) • Non-marking indoor gym shoes <p><i>We look forward to welcoming you to camp to share a fun filled week(s) of badminton.</i></p>
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