



MARCH BREAK BADMINTON CAMP

KANATA – All Saints High School
5115 Kanata Avenue, Kanata, K2K 3K5
Twelve (12)courts / two (2) gyms

2019
March
11 - 15

COACHING LEADERSHIP TEAM:

- Dominic Soong: NCCP Level 4 National Coach, and former #2 world ranked in men's doubles
- Janet Hugli Soong: NCCP Level 3 Provincial Competition Development Coach, NCCP Coach Developer, NCCP Coach Evaluator
- Assistant coaches – Soong Badminton Academy NCCP trained and certified coaches

TIME

- 9:00 am until 4:00 pm. Pre-camp supervision from 8:15 am until 9:00 am - FREE
- Post Camp Supervision available from 4:00 – 5:00 pm for \$30.00/week + HST

CAMP FOCUS:

Skill development & Intermediate Player ages 6+ - adult	Advanced & Competitive Training Player ages 12+ - adult
Players will work on developing technical badminton skills and efficient court movement, while having fun with friends during development drills and game play. Fitness challenges and off station activities will be included for variety, and an opportunity for social time with friends.	Players with tournament experience, will work on accuracy and consistency in their stroke production, to prepare for school, regional, and provincial competitions. Refinement of technical skills, tactical intent, and strategic decision making will be integrated during game play with game analysis and individual feedback.

Note: *Players will be organized in mini-training teams & playing groups based on general age and general playing ability - as assessed by the coaching leadership team, to ensure that all players are challenged at an appropriate level, while having FUN ☺*

CAMP FEATURES for all CAMPERS:

FREE pre-camp supervision: 8:15 am – 9:00 am NCCP trained and certified coaches Structured and tailored training for court movement, stroke development, game strategy Low student to instructor ratio (<i>Target 8:1</i>) Fitness challenges, off station games & activities	Organized games, and mini-tournaments Contest prizes and door prizes Shuttles (<i>badminton birds</i>) included Souvenir camp photo (electronic) Racquets, protective eyewear, badminton equipment and clothing will be available on site for purchase
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INVESTMENT CAMP FEE \$ 275.00 HST 35.75 TOTAL \$ 310.75	REGISTRATION: Complete the registration form and submit with payment at least one week in advance of the start of the camp to allow for planning and staffing. Registrations are accepted on a first come basis, on receipt of payment.
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Delivery / Payment options:

ELECTRONIC	Via Mail (BEFORE February 28)	Hand Deliver
<ul style="list-style-type: none"> • Complete registration form and send via scan/email to: janet.hugli@gmail.com • E-transfer payment to: janet.hugli@gmail.com 	Registration form and cheque to: Soong Badminton Academy P.O. BOX 52011, Nelson PO., RPO Rideau East 322 Rideau St, OTTAWA Ontario, K1N 5Y5	Registration form & payment may be hand delivered to any of our Winter 2019 training sites, during training times. <ul style="list-style-type: none"> • Turnbull School: FRIDAYS from 6:30-10:00 pm or SATURDAYS from 2:00 – 8:30 • Omer Deslaurier HS SUNDAYS from 9:00 – 3.30

INFORMATION:

Web Site	Email	Phone: Dominic or Janet
www.soong.ca	janet.hugli@gmail.com	Tel: 613-241-3686

We look forward to sharing a great week of badminton fun and badminton training with you and with your friends.