



# MARCH BREAK BADMINTON CAMP

KANATA – All Saints High School  
5115 Kanata Avenue, Kanata, K2K 3K5

**2023**  
**March**  
**13 - 17**

### COACHING LEADERSHIP TEAM:

- **Dominic Soong:** NCCP Competition Development - National Coach (NCCP Level 4), and former #2 world ranked in men's doubles
- **Janet Hugli Soong:** NCCP Competition Development - Provincial Coach (NCCP Level 3), NCCP Master Coach Developer
- Assistant coaches –NCCP trained and certified coaches

### TIME

- 9:00 am until 4:00 pm.            Pre-camp supervision from 8:15 am until 9:00 am - FREE

### CAMP FOCUS:

Skill development & Intermediate Player ages 6+ - adult	Advanced & Competitive Training Player ages 12+ - adult
Players will work on developing technical badminton skills and efficient court movement, while having fun with friends during development drills and game play. Fitness challenges and off station activities will be included for variety, and an opportunity for social time with friends.	Players with regional and provincial tournament experience, will work on accuracy and consistency in their stroke production, to prepare for school, regional, and provincial competitions. Refinement of technical skills, tactical intent, and strategic decision making will be integrated during game play with game analysis and individual feedback.

**Note:** *Players will be organized in mini-training teams & playing groups based on general age and general playing ability, as assessed by the coaching leadership team, to ensure that all players are challenged at an appropriate level, while having FUN 😊*

### CAMP FEATURES for all CAMPERS:

NCCP trained and certified coaches Low student to instructor ratio (Target 8:1 or lower) Structured and tailored training for court movement, stroke development, game strategy Organized games, and mini-tournaments Fitness challenges, off station games & activities	Contest prizes and door prizes Shuttles (badminton birds) included Souvenir camp photo (electronic) Racquets, protective eyewear, badminton equipment and clothing will be available on site for purchase FREE pre-camp supervision: 8:15 am – 9:00 am
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### INVESTMENT: Camp fee

= \$ 295.00 + HST (38.35) = \$ 333.35

*Post Camp Supervision available from 4:00 – 5:00 pm for \$35.00/week + HST = \$ 39.55*

### REGISTRATION:

Complete registration information via google:

[https://docs.google.com/forms/d/e/1FAIpQLSeNPbpNqD6vxwLrcQhpd3Sp8z7U9vFDC8NwVAWPaxgW8Hj0hg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeNPbpNqD6vxwLrcQhpd3Sp8z7U9vFDC8NwVAWPaxgW8Hj0hg/viewform?usp=sf_link)

Complete the registration by sending an E-transfer to: [soong@soong.ca](mailto:soong@soong.ca)

**\$ 333.35 camp only**

**\$ 372.90 camp, plus after camp supervision: 4.00 – 5:00**

Indicate the **PLAYER'S name** in the comments section for the E-Transfer.

Security answer can be set as: **MarchBreak2023**

Registration will be confirmed via email - on receipt of both the google information form and the e-transfer payment.

### INFORMATION:

Web Site	Email	Phone: Dominic or Janet
<a href="http://www.soong.ca">www.soong.ca</a>	<a href="mailto:janet.hugli@gmail.com">janet.hugli@gmail.com</a>	Tel: 613-241-3686

*We look forward to sharing a great week of badminton fun and badminton training with you and with your friends as we return to play.*